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# Wasatch Word

## **VISION SCREENING**

Vision Screening is scheduled for Thursday and Friday October 6th-7th. We notify parents of children who appear to have a vision problem after screening.

## **UEA**

This year's UEA Convention is on October 20th-21st. There is no school on those days.

## **VISIT OUR WEBSITE**

Did you know you can locate information about the school on our website? Contact information, class calendars and other important monthly information are all posted there. Also find our newsletter, policies, registration information and our Parent Handbook.

Using this website makes

the information you need available to you at any time, not just during our business hours. Visit us on the web, [www.wasatchpreschool.org](http://www.wasatchpreschool.org).

## **FALL IS HERE**

Fall is here and with it comes a change in the weather. Be sure to dress your children to play outdoors in the cold. Keep them home when they are sick.

It is a good idea to call the office and let us know what illness they have when they stay home. Then we can notify other parents about illnesses frequenting our building.

## **HALLOWEEN COSTUMES**

We can't believe it's time for Halloween already.

Remember that pretend

weapons and masks are not allowed in preschool on Halloween. Costumes that are too scary are also discouraged. Otherwise, we hope to have lots and lots of fun.

## **EMERGENCY KITS**

Our Emergency kits are complete. Distribution is scheduled for Monday October 3rd. Those of you who did not turn in your own will automatically be charged for a kit if you did not already pay for it.

## **NEED FOR SUBSTITUTES**

Every year we need substitutes for our classes when the cold and flu season arrives. If you are interested in making a little extra money or saving a little on tuition by substituting in our classes, contact someone in the office .

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### Calendar

- ☺ October 1st: Tuition due,
- ☺ October 6th-7th: Vision Screening
- ☺ October 20th-21st: UEA, no school
- ☺ October 25th-26th: Picture Days
- ☺ October 28th & 31st : Class parties for Halloween
- ☺ November 10th -11th Parent/Teacher Conferences

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## A NOTE FROM THE DIRECTOR

Periodically we send home articles we come across regarding nutrition, health issues, emergency preparedness, education and other issues. This is done for your information only and does not represent a policy from our school unless it is stated as such on the hand out.

I just received an email from the National Association for the Education of Young Children stating new recommendations from the White House regarding nutrition and exercise for schools/daycares. I thought you might be interested in them. They include: 1-Serve a Fruit and Vegetable with each meal, Only serve water, low fat milk or 100% juice, make sure children move (exercise) for 2 hours a day, limit screen time for all children and eliminate it for children under 2 years of age.

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